

## CURRICULUM VITAE



Full Name	<b>Prof. Jamnadas K. Savalia</b>
Date of Birth	10 December, 1952
Address Residential	Mahadev Desai SharirikShikshanMahavidyalaya, Gujarat Vidyapith Po. Sadra Dist. Gandhinagar. 382320
Current Position	<b>Professor &amp; Coordinator</b> - Mahadev Desai SharirikShikshanMahavidyalaya Gujarat Vidyapith Po. Sadra Dist. Gandhinagar - 382320
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### Academic Qualifications:

<b>Exam passed</b>	<b>Board/University</b>	<b>Subjects</b>	<b>Year</b>	<b>Division/Grade/Merit.</b>
Ph.D.	Jivaji University, Gwalior	Physical Education	1997	Awarded
M.P.Ed.	Jivaji University, Gwalior	Physical Education	1987	First Division
M.A.	Jivaji University, Gwalior	Sociology	1981	Second Division
B.Ed.	Hindi SahityaSammelan, Allahabad	Education	1976	Second Division

B.P.E.	Jivaji University, Gwalior	Physical Education	1976	Second Division
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### Contribution to Teaching:

Courses Taught	Name of University / College Institution	Duration
Ph.D.	Gujarat Vidyapith. Ahmedabad Saurashtra University. Rajkot Bhavnagar University. Bhavnagar Swarnim Gujarat Sports University, Gandhinagar	Since 2002 Since 2002 Since 2000 Since 2013
M.Phil.	Gujarat Vidyapith, Ahmedabad Swarnim Gujarat Sports University, Gandhinagar	Since 1997 Since 2013
M.P.ED	South Gujarat University. Surat Saurashtra University. Rajkot Gujarat Vidyapith, Ahmedabad	1993 to 2001 2000 to 2015 2001 to 2015
C.P.ED / D.P.ED	Shri Chhotu Bhai Purani Vyayam Mahavidyalaya, Rajpipala	1977 to 2001
B.P.E. / B.P.ED	Shri Chhotu Bhai Purani Degree College of Physical Education Rajpipala M.D. Sharirik Shikshan Mahavidyalaya, Sadra	1986 to 2001 2002 to 2015

**Area of Specialization:** Research Methodology and Statistic & Bio – Mechanics  
Volleyball, Gymnastics

### Academic Programme and Courses Evolved:

- C.P.Ed./D. P. Ed. –Restructure, Redesign, and Construction of Syllabus
- B.P.E/B.P.Ed - Restructure, Redesign, and construction of Syllabus
- M.P.Ed /M.Phil. - Revised and Constructed the Syllabus

### Involvement in Institutional Development:

- Involvement in Establishment of new courses.
- Involvement in developing more facility in campus such as hostel, central library, Research laboratory for Physical Education and sports.

- Involvement in establishment of computer laboratory with wifi and internet facility.
- Involvement in campus for maintenance and development.
- Involvement of various academic and sports related program in this campus.
- Involvement of various Gandhian philosophy related events and program which is organized in this campus.

#### **Research Guidance:**

- Ph.D. Awarded : **25**
- Ph.D. Guidance (ongoing) : **5**
- M.Phil. Awarded : **20**
- M.P.Ed. Awarded : **17**
- M.P.Ed. (ongoing) : **02**

#### **List of Publications**

**Books Published : 4**

- : **व्याम विज्ञान कोष खंड 1-3-9.** Rajpipla: G.V.P.M.
- : **Text Book OF C. P.Ed./D. P.Ed . Course.**Gandhinagar: Gujarat RajyaPathiyaPustak Mandal.
- : **Text Book of B. PEd. Course.**Patan: Hemchandraacharya North Gujarat University.
- : **Physical Education ShikshakAavruti.**Gandhinagar: GCERT, 2014

**Papers Published : 11**

- “A compression of weight training & free hand exercises on growth and development of adolescent boys.”Vol.35, *VyayamVigyan*. 2002.pp. 17
- “Yoga and psychometric disorder.”*National Level Journal Research bi-annual for movement*. 2006.
- “Walking: a life time activity.” Vol. 40, *VyayamVigyan*. 2007.pp.28
- “A critical refection on psychological status of College female student during menstrual cycle.” Vol. 2, *HESSAMA*. 2007.pp. 3

- “Yoga for back and knee pain.” Vol. 41, *VyayamVigyan*. 2008.pp.16
- “Concern for quality Physical Education in Indian university.” Vol. 2, *Indian journal of Yoga*. 2008.pp.38
- “The effect of per iodized strength training and aerobic training on anaerobic capacity.” Vol.25,*Research bi-annual for movement*. 2008.pp.17
- “Comparative study of Impact of Age on Physiological Variables, Body Composition and Blood Cholesterol in Selected Physical Education Professionals”, National Level Journal, *Journal of Exercise Science and Physiotherapy*, 2009. ISSN No. 0973-2020, vol.5, pp. 62
- “Comparative Study of Cardio-Vascular Endurance, Flexibility and Body Composition Parameters of Male Physical Education Teachers of Different District in Gujarat.” National Level Journal, *Journal of Exercise Science and Physiotherapy*, 2010. ISSN No. 0973-2020, vol.6,pp.91.
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- “Parental motives for inspiring their child of participate in different sports in Gujarat.” Vol. 1, *International journal of Physical Education sports yogic sciences*. 2012.pp.78
- “Study of effect of supplement food &aerobic exercises training program on hematological parameters & anaerobic capacity.” Vol. 1, *International multi disciplinary educational beside multi disciplinary*. 2012.pp.12

### **Participation in Seminars, Workshops, Symposia and Conferences:**

#### **International Level : 03**

- Participated in International Seminar on Themes or higher education prospectus of Gujarat organized by K.C.G Gujarat, 25-26 November 2010.
- Participated in International Seminar on naturopathy organized by Department or Ayush, Gujarat, 19-20 December 2010.
- Participated in International Seminar on Management of Physical Education sports organized by L I N P E Gwalior, 2 to 6 October 1998.

#### **National Level : 14**

- Participated in National Workshop on Curriculum from work as per N.C.T.E. norm organized by N.C.T.E. and S.G.S university Gandhinagar, 1-2 March 2015.
- Participated in National Seminar on Yoga an integrative life style organized by Gujarat Vidyapith Ahmedabad, 20-22 June, 2015.
- Participated in National Seminar on Value in sports organized by Brahma kummari academy Mount Abu, 28 April to 2May 2008.
- Participated in National Seminar on University sports management organized by A. I. U. Delhi held at annamalai university, 30 September to 3 October 2004.

- Participated in National Seminar on Teacher training programs organized by H.V.P Mandal Amravati (M.S), 23-24 Feb, 2002.
- Participated in National Seminar on Research methodology & introduction to computer organized by Nagpur SharirikShikshanMahavidyalaya, 9-11 March 2003.
- Participated in National Seminar on Relevance of yoga in twenty first century organized by Gujarat Vidyapith, Ahmedabad, 16-17 March 2007.
- Participated in National Seminar on Physical fitness organized by M.D College of Physical Education, Gujarat Vidyapith, Sadra, 13-15 March, 1998.
- Participated in National Seminar on Physical Education yoga & sports, organized by CharntanVidyalaya Mandal V.V. Nagpur, 23-24 September 2006.
- Participated in National Seminar on Modern trend in Physical Education organized by C.P. Degree College of Physical Education Principle, 7-8 February 2004.
- Participated in National Seminar on Information & Communication Technology Literacy organized by I.C.T literacy M.S. University, Baroda, 22 July 1999.
- Participated in National Seminar on Curriculum Development as per N.C.T.C pattern organized by College of Physical Education Amravati (M.S), 8-10 October 1999.
- Participated in National Seminar on Current trends in exercises science organized by department of Physical Education & sports, Delhi University, 5-6 March 1999.
- Participated in 3<sup>rd</sup> Peoples Education Congress National Seminar organized by Gujarat Vidyapith, Ahmedabad, 19-23 November 2012.

**State Level : 2**

- Participated in State level Seminar on Education research guidance organized by Ph. D. Guide Association Gujarat state, 23-25 January 2008.
- Participated in State level Seminar on Physical Education teacher awareness program organized by State government of Gujarat, department of education, 1-3 September 1996.

**Seminars / Workshops / Training Camps/ Conferences Organised:**

**Refresher Course Organised: 01**

- Served as a Coordinator of 21 days Refresher Course which was organized by Gujarat Vidyapith, Ahmedabad, 2003-04

### **Seminars / Workshops / Training Camps Organised : 05**

- \* Organized workshop for reconstruction of syllabus for C.P.Ed&D.P.Ed course (one year)
- \* Organized workshop for Saurashtra University Physical Education lecture for constructing syllabus of Physical Education various stream (arts, commerce & sciences).
- \* Redesign of syllabus of Physical Education for B.P.E semester stream Gujarat Vidyapith M.D. College 14-15 Sept 2009.
- \* Research methodology & statistics procedure in Physical Education. 2009.
- \* Modern trends in Physical Education & sports M. D. College of Physical Education, Gujarat Vidyapith, 27-29 Feb 2012

### **Lectures delivered in Refresher Courses: 06**

- Lecture Delivered in Refresher Course on “Sports psychology” Organized by Academic staff College Saurashtra University Rajkot, 22-25 June 1998
- Lecture Delivered in Refresher Course on “Research in Physical Education & sports” Organized by M. D. College Of Physical Education Gujarat Vidyapith, Sadra, 1 March 1999
- Lecture Delivered in Refresher Course on “Research methodology sports psychology” Organized by Schools of Law, Gujarat University, Ahmedabad, 13-14 December 2000
- Lecture Delivered in Refresher Course on “Area of research, research methodology, sports psychology and sports sociology” Organized by M.T.S Arts College, South Gujarat University, Surat, 2-3 April 2000
- Lecture Delivered in Refresher Course on “Game & sports and bio- machinists” Organized by M. D. College Of Physical Education, Gujarat Vidyapith, Sadra, 20 November 2001

- Lecture Delivered in Refresher Course on “Area of research and minor research project” Organized by M. D. College Of Physical Education, Gujarat Vidyapith, Sadra, 2004

**Radio Talk Delivered:**

**01**

Radio talk delivered on GyanVani Program at 105.4 FM, program organized by Gujarat Council Of Science City, Sola, 18 August 2009. Time 9 to 10 am.

**Lectures Delivered (National/ Local level Programmes): 08**

- Lectures delivered in Pre classes of NET and SLET Preparation Organized by Gujarat Vidyapith, Ahmedabad, December 2007
- Lectures delivered in Pre classes of NET and SLET Preparation Organized by Swarnim Gujarat Sports University, Gandhinagar, 22 November 2014
- Lectures delivered in National Level Workshop on “**Research & statistics in Physical Education & sports**” organized by S.S. Patel College of Physical Education, V.V. Nagar, 18 August 2007
- Lectures delivered in National Level Workshop on “**Job prospective for Physical Education In different area in modern sports**” organized by S.S. Patel College of Physical Education, V.V. Nagar, 13-19 September 2008
- Lectures delivered in National Level Seminar on “**Research in Physical Education sports & technology in modern area**” organized by S.S. Patel College of Physical Education, V.V. Nagar, 19-20 December 2008
- Lectures delivered in Gujarat State Inspector For Physical Education Office Gandhinagar, 2006
- Lectures delivered in District Education Officer & District Physical Education & Sports Teacher Association, 2008
- Lectures delivered in Association of State University Physical Education Ahmedabad, 2007

### **Committee Member:**

- Executive Member in National Association of Physical Education & Sports, H.V.P.M. Amravati ( Maharashtra )
- Member of Selection Committee nominated by Vice-Chancellor for selection Of Principal in S.S. Patel College of Physical Education, Sardar Patel University, V.V. Nagar, 11 May 2008
- Member of Selection Committee nominated by Vice-Chancellor for selection Of Director of Physical Education and sports in Saurashtra University, Rajkot, 6 August 2009
- Member of Selection Committee for selection of Professors and Associate Professors in Physical Education in Devi AhilyaVishwavidyalay, Indore, 13 August 2009
- Member of Selection Committee for selection Of Principal in S.S. Patel College of Physical Education, V.V. Nagar, Formed by Charotar Education Society, Anand 12 May 2006
- Member of Selection Committee for selection Of Assistant Director for Physical Education in M.S. University, Baroda, 17 May 2007
- Member of Selection Committee for selection for Senior grade lecturers in Physical Education In Bhavnagar University, Bhavnagar, 29 July 2006 and 9 August 2006
- Member of Selection Committee for selection for lecturers in Physical Education In H.N.G. University, Patan, 12 October 2004 and 8 Dec. 2005
- Member of Selection Committee for selection for lecturers in Physical Education In Saurashtra University, Rajkot, 15 April 2008
- Member of Inspection Committee for “Inspection of teacher training institution” formed by N.C.T.C., Bhopal, 19 April 2005
- Member of Inspection Committee for “Inspection of teacher training institution” formed by S.N.D.T. Women University, 10 May 2006
- Member of Inspection Committee for “Inspection of Physical Education institutes” formed by Higher education department, Government of Gujarat, 4 January 2002

### **International Experience:**

I got the opportunity to visit the Olympic games held in London, 2012



### **Administrative Work:**

- Served as a Principal in C. P. Ed / D. P. Ed College of Chhotu Bhai PuraniVyayamMahavidhyalaya, Rajpipla from 1997 to 2001.
- Served as a Co-ordination & Head of Department in Mahadev Desai SharirikShikshanMahavidhyalaya, Gujarat Vidyapith, Sadra
- Served as a Programme Officer (Two Years Responsibility) in National Service Scheme NSS.

### **Board of Studies:**

- Member of Board of Study in Gujarat state C. P. Ed / D. P. Ed courses, Gandhinagar
- Member of Board of Study in South Gujarat University, Surat
- Member Board of Study in Saurashtra University, Rajkot
- Member of Board of Study in Gujarat Vidyapith, Ahmadabad
- Member of Board of Study in Pune University, Pune

### **Examinership.**

- Examiner in C. P. Ed / D. P. Ed course Chhotu Bhai PuraniVyayamMahavidhyalaya, Rajpipla
- Examiner in B.P.E/ B. P. Ed / M. P. Ed, South Gujarat University, Surat
- Examiner in Saurashtra University, Rajkot
- Examiner H.N.G. University, Patan
- Examiner Gujarat University, Ahmedabad
- Examiner Swarnim Gujarat sports University, Gandhinagar
- Examiner S.P. University, V.V. Nagar.

### **Ph.D. Evaluation. (34 candidates from various universities)**

- \* Bhavnagar University, Bhavnagar
- \* Saurashtra University, Rajkot
- \* H.N.G. University, Patan
- \* Gujarat University, Ahmedabad
- \* Gujarat Vidyapith, Ahmedabad
- \* Nagpur University, Nagpur

- \* University of Pune, Pune
- \* PanditRavishankar Shukla University, Raipur
- \* Mahatma Gandhi KashiVidyapith, Varanashi (U.P)
- \* Dr. BabasahebAmbedkar Open University, Ahmedabad
- \* Sardar Patel University, V.Vidyaagar
- \* Devi AhilyaVishwavidyalay, Indore (M.P)
- \* Pacific University, Udaipur ( Rajasthan )
- \* Panjabi UniversityPatiyala (panjab)

### **Examiner for PG., M. Phil., & P. D., programmer**

- \* Kurkshetra University, Kurkshetra
- \* Saurashtra University, Rajkot
- \* H.N.G. University, Patan
- \* Gujarat University, Ahmedabad
- \* Gujarat Vidyapith, Ahmedabad
- \* Pacific University, Udaipur ( Rajasthan )
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### **Academic and NGO's:**

- Served as a resource person & subject expert in Physical Education, sports & yoga in various educational institutes for their development in health & physical Fitness.

### **Extension Activities**

Organized various district, state, national level sport committees.

Organized various special awareness camps for environment, blood donation, disaster management.

Organized pad-yatra for college students for giving the awareness about Cleaning activities, Literacy program, Vyasankmukti program and Education in villages and also giving an opportunity to College students for personality development.

Organized special program for youth competition, tracking, cycle yatra, know you boarder, disaster camp, N.S.S. camp etc.

### **Other Work Experience:**

1. Served as a state observer for physical fitness test Gujarat GaunSevaPasandgi Mandal for requirement of constable & police sub-inspector, 26-5-2004 to 2-6-2004.
2. Worked as a LIC committee's member in various state & local inspection committees.
3. Organized various district, state, national level sports competition since 1978 to till now.